

## **Cottonwood School District No. 242**

### **NONINSTRUCTIONAL OPERATIONS**

**8210**

#### District Nutrition Committee

With the purposes of monitoring the implementation of the District's wellness policies, evaluating policy progress, serving as a resource to school sites, and revising the policies as necessary, a District-wide nutrition committee is hereby established to develop, implement, monitor, and review District-wide nutrition and physical activity policies. The Board specifically acknowledges that community participation is essential to the development and implementation of successful school wellness policies.

Following initial development, the committee will meet a minimum of one time annually for continued assessment.

Committee membership will consist of one or more of each of the following:

1. A Board Member;
2. The District food service coordinator;
3. A school health professional, such as a dietician or school nurse;
4. A parent representative from each school level;
5. A student representative from each school level;
6. A member of the general public;
7. A staff member representative from each school level;
8. A teacher
9. An administrative representative as committee co-chair; and
10. The physical education and health program leader as committee co-chair.

Appointments to the committee will be made by the Superintendent.

#### Development

To help with the initial development of the District's wellness policies, each school in the District will conduct a baseline assessment of the school's existing nutrition and physical activity environments and policies. The results of those school-by-school assessments will be compiled at the District level to identify and prioritize needs.

#### Monitoring

The Superintendent or designee will ensure compliance with established District-wide nutrition and physical activity wellness policies. In each school, the principal or designee with authority will ensure compliance with those policies in his or her school and will report on the school's compliance with the District Superintendent or designee.

School food service staff, at the school or District level, will also ensure compliance with nutrition policies within school food service areas and will report on this matter to the Superintendent (or, if done at the school level, to the school principal).

The Superintendent or designee will develop a summary report every three years on District-wide compliance with the District's established nutrition and physical activity wellness policies based on input from schools within the District. That report will be provided to the school board and may also be distributed to school health councils, parent/teacher organizations, school principals, and school health services personnel in the District.

Legal Reference:       Sec. 204, Child Nutrition and WIC Reauthorization Act of 2004  
                          42 USC § 1758b,        Local School Wellness Policy  
                          42 USC § 1771 *et seq.*   Child Nutrition Act of 1966  
                          42 USC § 1751 *et seq.*   National School Lunch Act

Other References:     Idaho Wellness Policy Progress Report, Idaho State Department of  
                                  Education  
                          Implementation and Monitoring Plan, Idaho State Department of  
                                  Education  
                          Wellness Policy Guidelines—Elements of Implementation for Final Rule,  
                                  Idaho State Department of Education

Policy History:

Adopted on: May 15, 2017

Revised on: