

Preferred Blue® PPO for Idaho School Benefit Trust

Summary of Benefits Cottonwood School District 242 Effective Date September 1, 2018		Preferred Blue® PPO for Idaho School Benefit Trust	
		In-Network	Out-of-Network
Benefit Period* Deductible (Individual/Family)		\$750/\$1,500 <input type="text"/>	
Cost Sharing		You pay 20% of the allowed amount	You pay 40% of the allowed amount
Individual Out-of-Pocket Limit (See Plan for services that do not apply to the limit.) (Includes applicable Deductible, Cost Sharing and Copayments)		\$2,250 <input type="text"/>	\$3,750 <input type="text"/>
Family Out-of-Pocket Limit (See Plan for services that do not apply to the limit.) (Includes applicable Deductible, Cost Sharing and Copayments)		\$4,500 <input type="text"/>	\$7,500 <input type="text"/>
COVERED SERVICES <i>By choosing a non-contracting provider you may be responsible for the difference between what Blue Cross allows and what the non-contracting provider charges. Some services may require prior authorization.</i>		In-Network deductible and/or cost sharing payment required before insurance pays?	In-Network
		The amount you pay	
Allergy Injections	No	You pay a \$5 copayment <i>(if this is the only service provided during the visit)</i>	You pay 40% of the allowed amount
Ambulance Transportation Services	Yes	You pay 20% of the allowed amount	
Breastfeeding Support and Supply Services (Limited to one (1) breast pump purchase per participant, per benefit period.)	No	You pay nothing of the allowed amount	
Chiropractic Care (Limited to 18 visits combined per participant, per benefit period.)	Yes	You pay 20% of the allowed amount	You pay 50% of the allowed amount
Dental Services Related to Accidental Injury			You pay 40% of the allowed amount
Diabetes Self-Management Education Services (Only for accredited Providers approved by BCI.)	No	You pay a \$20 copayment per visit	
Diagnostic Services (Including diagnostic mammogram.)	Yes/No	You pay nothing up to \$100 for services in excess of the \$100 you pay deductible and cost sharing	
Durable Medical Equipment/ Prosthetic Appliances/ Orthotic Devices	Yes	You pay 20% of the allowed amount	
Emergency Services** – Facility Services (Copayment waived if admitted)	Yes	You pay \$100 copayment per hospital outpatient emergency room visit, then you pay 20% of the allowed amount	You pay \$100 copayment per hospital outpatient emergency room visit, then you pay 40% of the allowed amount
Emergency Services** – Professional Services	Yes	You pay 20% of the allowed amount	You pay 40% of the allowed amount
Home Health Skilled Nursing			
Home Intravenous Therapy	Yes		You pay 80% of the allowed amount

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		The amount you pay		
Hospice Services	No	You pay nothing of the allowed amount	You pay 40% of the allowed amount	
Hospital Services (Inpatient and outpatient services at a licensed general hospital or ambulatory surgical facility.)	Yes	You pay 20% of the allowed amount		
Immunizations (See Plan for specifically listed immunizations)	No	You pay nothing for listed immunizations		
Maternity Services and/or Involuntary Complications of Pregnancy	Yes	You pay 20% of the allowed amount		
Mental Health— Inpatient (Facility and Professional Services)				
Mental Health— Outpatient	Psychotherapy Services	No	You pay a \$20 copayment per visit	
	Facility and other Professional Services	Yes	You pay 20% of the allowed amount	
Morbid Obesity (\$5,000 combined lifetime benefit limit, per participant.)	Yes			
Outpatient Habilitation Therapy Services (Includes physical, speech and occupational therapies. Limited to 20 visits combined per participant, per benefit period.)	Yes			
Outpatient Rehabilitation Therapy Services (Includes physical, speech and occupational therapies. Limited to 20 visits combined per participant, per benefit period.)				
Physician Office Visit (Other services rendered during a physician office visit will be subject to deductible and cost sharing.)	No	You pay a \$20 copayment per visit		
Post Mastectomy Reconstructive Surgery	Yes	You pay 20% of the allowed amount		
Prescribed Contraceptive Services (Includes diaphragms, intrauterine devices (IUDs), implantables, injections and tubal ligation.)	No	You pay nothing of the allowed amount		
Preventive Care Benefits (See Plan for specifically listed preventive care services)	Yes/No	You pay nothing for services specifically listed. For services not specifically listed, you pay deductible and cost sharing		
Rehabilitation or Habilitation Services	Yes	You pay 20% of the allowed amount		
Skilled Nursing Facility (Limited to 30 days combined per participant, per benefit period)				
Surgical/Medical (Professional Services)				
Therapy Services (Including chemotherapy, growth hormone therapy, radiation and renal dialysis.)				
Transplant Services				

*The specified period of time during which charges for covered services must be incurred in order to accumulate toward annual benefit limits, deductible amounts and out-of-pocket limits.

****Emergency Services**

For the treatment of Emergency Medical Conditions or Accidental Injuries of sufficient severity to necessitate immediate medical care by, or that require Ambulance Transportation Service to, the nearest appropriate Facility Provider, BCI will provide In-Network benefits for Covered Services provided by either a Contracting or Noncontracting Facility Provider and facility-based Professional Providers only. If the nearest Facility Provider is Noncontracting, once the Participant is stabilized and is no longer receiving emergency care the Participant (at BCI's option) may transfer to the nearest appropriate Contracting Facility



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Provider for further care in order to continue to receive In-Network benefits for Covered Services. If the Participant is required to transfer, transportation to the Contracting Facility Provider will be a Covered Service under the Ambulance Transportation Service provision of this Plan.

This information is for comparison purposes only and not a completed description of benefits. All descriptions of coverage are subject to the provisions of the corresponding plan, which contains all the terms and conditions of coverage. Certain services not specifically noted may be excluded. Please refer to the plan issued for a complete description of benefits, exclusions, limitations and conditions of coverage. If there is a difference between this comparison and its corresponding plan, the plan will control. This comparison is subject to annual update and may not reflect the information contained in the corresponding plan.

SUMMARY OF GENERAL EXCLUSIONS AND LIMITATIONS

No benefits will be provided for services, supplies, drugs or other charges that are:

- Not Medically Necessary. If services requiring Prior Authorization by Blue Cross of Idaho are performed by a Contracting Provider and benefits are denied as not Medically Necessary, the cost of said services are not the financial responsibility of the Insured. However, the Insured could be financially responsible for services found to be not Medically Necessary when provided by a Noncontracting Provider.
- In excess of the Maximum Allowance.
- For hospital Inpatient or Outpatient care for extraction of teeth or other dental procedures, unless necessary to treat an Accidental Injury or unless an attending Physician certifies in writing that the Insured has a non-dental, life-endangering condition which makes hospitalization necessary to safeguard the Insured's health and life.
- Not prescribed by or upon the direction of a Physician or other Professional Provider; or which are furnished by any individuals or facilities other than Licensed General Hospitals, Physicians, and other Providers.
- Investigational in nature.
- Provided for any condition, Disease, Illness or Accidental Injury to the extent that the Insured is entitled to benefits under occupational coverage, obtained or provided by or through the employer under state or federal Workers' Compensation Acts or under Employer Liability Acts or other laws providing compensation for work-related injuries or conditions. This exclusion applies whether or not the Insured claims such benefits or compensation or recovers losses from a third party.
- Provided or paid for by any federal governmental entity or unit except when payment under this Policy is expressly required by federal law, or provided or paid for by any state or local governmental entity or unit where its charges therefore would vary, or are or would be affected by the existence of coverage under this Policy.
- Provided for any condition, Accidental Injury, Disease or Illness suffered as a result of any act of war or any war, declared or undeclared.
- Furnished by a Provider who is related to the Insured by blood or marriage and who ordinarily dwells in the Insured's household.
- Received from a dental, vision, or medical department maintained by or on behalf of an employer, a mutual benefit association, labor union, trust or similar person or group.
- For Surgery intended mainly to improve appearance or for complications arising from Surgery intended mainly to improve appearance, except for:
 - Reconstructive Surgery necessary to treat an Accidental Injury, infection or other Disease of the involved part; or
 - Reconstructive Surgery to correct Congenital Anomalies in an Insured who is a dependent child.
 - Benefits for reconstructive Surgery to correct an Accidental Injury are available even though the accident occurred while the Insured was covered under a prior insurer's coverage.
- Rendered prior to the Insured's Effective Date.
- For personal hygiene, comfort, beautification (including non-surgical services, drugs, and supplies intended to enhance the appearance) even if prescribed by a Physician.
- For exercise or relaxation items or services even if prescribed by a Physician, including but not limited to, air conditioners, air purifiers, humidifiers, physical fitness equipment or programs, spas, hot tubs, whirlpool baths, waterbeds or swimming pools.
- For convenience items including but not limited to Durable Medical Equipment such as bath equipment, cold therapy units, duplicate items, home traction devices, or safety equipment.
- For relaxation or exercise therapies, including but not limited to, educational, recreational, art, aroma, dance, sex, sleep, electro sleep, vitamin, chelation, homeopathic, or naturopathic, massage, or music even if prescribed by a Physician.
- For telephone consultations, and all computer or Internet communications, except as specified as a Covered Service in this Policy.
- For failure to keep a scheduled visit or appointment; for completion of a claim form; for interpretation services; or for personal mileage, transportation, food or lodging expenses or for mileage, transportation, food or lodging expenses billed by a Physician or other Professional Provider.
- For Inpatient admissions that are primarily for Diagnostic Services or Therapy Services; or for Inpatient admissions when the Insured is ambulatory and/or confined primarily for bed rest, special diet, behavioral problems, environmental change or for treatment not requiring continuous bed care.
- For Inpatient or Outpatient Custodial Care; or for Inpatient or Outpatient services consisting mainly of educational therapy, behavioral modification, self-care or self-help training, except as specified as a Covered Service in this Policy.
- For any cosmetic foot care, including but not limited to, treatment of corns, calluses, and toenails (except for surgical care of ingrown or Diseased toenails).
- Related to Dentistry or Dental Treatment, even if related to a medical condition; or orthoptics, eyeglasses or contact Lenses, or the vision examination for prescribing or fitting eyeglasses or contact Lenses, unless specified as a Covered Service in this Policy.
- For hearing aids or examinations for the prescription or fitting of hearing aids.
- For any treatment of sexual dysfunction, or sexual inadequacy, including erectile dysfunction and/or impotence, even if related to a medical condition.
- Made by a Licensed General Hospital for the Insured's failure to vacate a room on or before the Licensed General Hospital's established discharge hour.
- Not directly related to the care and treatment of an actual condition, Illness, Disease or Accidental Injury.
- Furnished by a facility that is primarily a nursing home, a convalescent home, or a rest home.
- For Acute Care, Rehabilitative care, diagnostic testing except as specified as a Covered Service in this Policy; for Mental or Nervous Conditions and Substance Abuse or Addiction services not recognized by the American Psychiatric and American Psychological Associations.
- For any of the following:
 - For appliances, splints or restorations necessary to increase vertical tooth dimensions or restore the occlusion, except as specified as a Covered Service in this Policy;
 - For orthognathic Surgery, including services and supplies to augment or reduce the upper or lower jaw;
 - For implants in the jaw; for pain, treatment, or diagnostic testing or evaluation related to the misalignment or discomfort of the temporomandibular joint (jaw hinge), including splinting services and supplies
 - For alveolectomy or alveoplasty when related to tooth extraction.
- For weight control or treatment of obesity, even if Medically Necessary, including but not limited to Surgery for obesity or for reversals or revisions of Surgery for obesity, except as specifically provided as a Covered Service in this Policy.
- For use of operating, cast, examination, or treatment rooms or for equipment located in a Contracting or Noncontracting Provider's office or facility, except for Emergency room facility charges in a Licensed General Hospital unless specified as a Covered Service in this Policy.
- For the reversal of sterilization procedures, including but not limited to, vasovasostomies or salpingoplasties.
- Treatment for reproductive procedures, including but not limited to, ovulation induction procedures and pharmaceuticals, artificial insemination, in vitro fertilization, embryo transfer or similar procedures, or procedures that in any way augment or enhance an Insured's reproductive ability, including but not limited to laboratory services, radiology services or similar services related to treatment for reproduction procedures.
- For Transplant services and Artificial Organs, except as specified as a Covered Service under this Policy.
- For acupuncture.
- For surgical procedures that alter the refractive character of the eye, including but not limited to, radial keratotomy, myopic keratomileusis, Laser-In-Situ Keratomileusis (LASIK), and other surgical procedures of the refractive-keratoplasty type, to cure or reduce myopia or astigmatism, even if Medically Necessary, unless specified as a Covered Service in a Vision Benefits Section of this Policy, if any. Additionally, reversals, revisions, and/or complications of such surgical procedures are excluded, except when required to correct an immediately life-endangering condition.
- For Hospice, except as specified as a Covered Service in this Policy.
- For pastoral, spiritual, bereavement, or marriage counseling.
- For homemaker and housekeeping services or home-delivered meals.
- For the treatment of injuries sustained while committing a felony, voluntarily taking part in a riot, or while engaging in an illegal act or occupation, unless such injuries are a result of a medical condition or domestic violence.
- For treatment or other health care of any Insured in connection with an Illness, Disease, Accidental Injury or other condition which would otherwise entitle the Insured to Covered Services under this Policy, if and to the extent those benefits are payable to or due the Insured under any medical payments provision, no fault provision, uninsured motorist provision, underinsured motorist provision, or other first party or no fault provision of any automobile, homeowner's, or other similar policy of insurance, contract, or underwriting plan.
- In the event Blue Cross of Idaho (BCI) for any reason makes payment for or otherwise provides benefits excluded by the above provisions, it shall succeed to the rights of payment or reimbursement of the compensated Provider, the Insured, and the Insured's heirs and personal representative against all insurers, underwriters, self-insurers or other such obligors contractually liable or obliged to the Insured, or his or her estate for such services, supplies, drugs or other charges so provided by BCI in connection with such Illness, Disease, Accidental Injury or other condition.
- Any services or supplies for which an Insured would have no legal obligation to pay in the absence of coverage under this Policy or any similar coverage; or for which no charge or a different charge is usually made in the absence of insurance coverage or for which reimbursement or payment is contemplated under an agreement entered into with a third party.
- For a routine or periodic mental or physical examination that is not connected with the care and treatment of an actual Illness, Disease or Accidental Injury or for an examination required on account of employment; or related to an occupational injury; for a marriage license; or for insurance, school or camp application; or for sports participation physicals; or a screening examination including routine hearing examinations, except as specified as a Covered Service in this Policy.
- For immunizations, except as specified as a Covered Service in this Policy.
- For breast reduction Surgery or Surgery for gynecomastia.
- For nutritional supplements.
- For replacements or nutritional formulas except, when administered enterally due to impairment in digestion and

absorption of an oral diet and is the sole source of caloric need or nutrition in an Insured.

- For vitamins and minerals, unless required through a written prescription and cannot be purchased over the counter.
- For an elective abortion, except to preserve the life of the female upon whom the abortion is performed, unless benefits for an elective abortion are specifically provided by a separate Endorsement to this Policy.
- For alterations or modifications to a home or vehicle.
- For special clothing, including shoes (unless permanently attached to a brace).
- Provided to a person enrolled as an Eligible Dependent, but who no longer qualifies as an Eligible Dependent due to a change in eligibility status that occurred after enrollment.
- Provided outside the United States, which if had been provided in the United States, would not be a Covered Service under this Policy.
- For Outpatient pulmonary and/or cardiac Rehabilitation.
- For complications arising from the acceptance or utilization of services, supplies or procedures that are not a Covered Service.
- For the use of Hypnosis, as anesthesia or other treatment, except as specified as a Covered Service.
- For dental implants, appliances (with the exception of sleep apnea devices), and/or prosthetics, and/or treatment related to Orthodontia, even when Medically Necessary unless specified as a Covered Service in this Policy.
- For arch supports, orthopedic shoes, and other foot devices.
- For wigs.
- For cranial molding helmets, unless used to protect post cranial vault surgery.
- For surgical removal of excess skin that is the result of weight loss or gain, including but not limited to association with prior weight reduction (obesity) Surgery.
- For the purchase of Therapy or Service Dogs/Animals and the cost of training/maintaining said animals.
- Any services or supplies furnished by a Therapeutic Boarding School, a facility that is primarily a health resort, or sanatorium, Residential Treatment Facility, transitional living center, except as specified as an Psychiatric Care Covered Service listed in the Policy
- For procedures including but not limited to breast augmentation, liposuction, Adam's apple reduction, rhinoplasty and facial reconstruction and other procedures considered cosmetic in nature.
- For the treatment of injuries sustained while operating a motor vehicle under the influence of alcohol and/or narcotics. For purposes of this Policy exclusion, "Under the influence" as it relates to alcohol means having a whole blood alcohol content of .08 or above or a serum blood alcohol content of .10 or above as measured by a laboratory approved by the State Police or a laboratory certified by the Centers for Medicare and Medicaid Services. For purposes of this Policy exclusion, "Under the influence" as it relates to narcotics means impairment of driving ability caused by the use of narcotics not prescribed or administered by a Physician.
- Any newly FDA approved Prescription Drug, biological agent, or other agent until it has been reviewed and implemented by BCI's Pharmacy and Therapeutics Committee.
- All services, supplies, devices and treatment that are not FDA approved.

