Cottonwood Joint School District No. 242

INSTRUCTION 2425P

Parent/Guardian Notification of Changes in Health and Well-being

District staff shall notify the building principal of any known change in a student's mental, emotional, or physical health or well-being using Form 2425F. For the purposes of this policy:

- 1. Mental health shall mean the state of health of somebody's mind;
- 2. Emotional health shall mean a person's ability to cope with and be aware of their own emotions, both positive and negative;
- 3. Physical health shall mean the condition of a person's body and the extent to which it is free from illness or is able to resist illness; and
- 4. Well-being shall mean a person's sense of feeling healthy and happy.

The building principal shall notify the student's parent/guardian regarding this change and document their attempts to do so using Form 2425F.

District staff shall encourage students to discuss issues related to the student's well-being with the student's parent/guardian. At the request of the student or parent/guardian the building principal or their designee shall attempt to facilitate discussion of the student's wellbeing between the student and the parent/guardian.

Policy History:

Adopted on: August 21, 2023