

Cottonwood Joint School District No. 242

INSTRUCTION

2320

Health Enhancement Education

The District is aware of the ever-increasing health risks to which youth are exposed and the need to educate students in a wide variety of vital health issues. The District also recognizes the role of the citizens in the community in helping to set standards and guidelines for education in these critical areas. Health, family life, self-esteem, sex education; including information about parts of the body, reproduction, and other components as outlined in the Comprehensive Health Curriculum; shall be included in the instructional program as appropriate to the grade level and course of study. Such program may be evaluated annually.

The instructional approach shall be developed after consultation with parents and other community representatives. The communicable disease curriculum may be designed through the direct involvement of the faculty and a committee of parents and patrons from the community. It is recommended that a person from the medical field be included on this committee. Parents may ask to review the materials to be used and may request that their child be excluded from sex education class sessions without prejudice.

The Board believes that HIV/AIDS instruction is most effective when integrated into a comprehensive health education program. Instruction regarding communicable disease cause and prevention, including HIV/AIDS and other sexually transmitted diseases, shall be developmentally appropriate to the grade level of the students and shall occur in a systematic manner. Such education shall address the sociological as well as physiological aspects of such diseases. The Board particularly desires that students receive proper education about HIV before they reach the age when they may adopt behaviors that put them at risk of contracting the disease.

In order for education about HIV to be most effective, the Superintendent shall require that faculty members who present this instruction receive continuing inservice training that includes appropriate teaching strategies and techniques. Other staff members not involved in direct instruction but who have contact with students shall receive basic information about HIV/AIDS and instruction in the use of universal precautions when dealing with body fluids.

In accordance with Board policy, parents shall have an opportunity to review the HIV education program before it is presented to students.

Alcohol, Tobacco, and Drug Education

Students shall receive education regarding the use of alcohol, tobacco, and drugs. Instructional programs may be included at all grade levels to expose students to age appropriate information and values concerning drug and alcohol prevention. The Superintendent or designee shall develop curriculum for use in health education that provides instruction to students in the areas of prevention; education; treatment; rehabilitation; and legal, social, and health consequences of

alcohol, tobacco, and drug use. Such program shall also provide information about effective techniques for resisting peer pressure to use these substances and information about any counseling and rehabilitation programs that are available and procedures for seeking help.

Cross Reference: 2307 Physical Activity Opportunities and Physical Education

Legal Reference: I.C. § 33-1605	Health and Physical Fitness – Effects of Alcohol, Tobacco, Stimulants and Narcotics
I.C. § 33-1608 et seq.	Family Life and Sex Education – Legislative Policy
IDAPA 08.02.03.160	Safe Environment and Discipline

Policy History:

Adopted on: April 18, 2016

Revised on: